

SUNY CORTLAND

Field Hockey Camp

Agenda

Thursday August 3rd

12:30pm-1:30pm: Check in/Move in
Check in location: PARK CENTER
EAST ENTERANCE
Dorm Move in: Henderson Hall

1:30pm: All Camp Meeting – outside of dorm

- Introductions of staff
- Camp Rules
- Camp Schedule

2:00pm: Meet with coaches/attendance/walk to field

2:30pm-4:30pm: *Session 1*

5:00pm-6:00pm: Dinner

6:15pm: Attendance/Walk to field

6:30pm-8:30pm: *Session 2*

9:15pm: Pizza *Optional*

- \$2 per slice

10:00pm: Bed Check

Friday August 4th

7:00am-8:00am: Breakfast

8:30am: Attendance/walk to field

9:00am-12:00pm: *Session 3*

12:30pm-1:30pm: Lunch

2:00pm: Attendance/walk to field

2:30pm-4:30pm: *Session 4*

5:00pm-6:00pm: Dinner

6:15pm: Attendance/Walk to field

6:30pm-8:30pm: *Session 5*

9:15pm: Pizza *Optional*

- \$2 per slice

10:00pm: Bed Check

Saturday August 5th

7:00am-8:00am: Breakfast

8:30am: Attendance/walk to field

9:00am-11:00: *Session 6*

11:00am: Check out

